



1 in 5

women will suffer from a maternal mental health disorder like postpartum depression.

New Mom "Drop In" Pregnancy and Postpartum Support Group Phoenix & Gilbert

Wednesdays 10:00-11:30 am

Facilitated by
Maternal Mental Health Professionals

Tatiana Coffman, IBCLC, LASW
Kim Kriesel, LAC, PMH-C
Sommer Mattingly, FNP-C

Registration required. \$25
First time attendees, email or call
480.319.4413

kimk@wellmamas.net



Experts in Maternal Mental Health
serving the needs of moms and babies in the East Valley
Kim Kriesel, LAC, PMH-C & Tatiana Coffman, LMSW, IBCLC

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